

RSCDS Helensburgh & District Half Day School Dance 28th March 2026 Helensburgh Parish Church 7.30p.m.-10.30p.m.

EH3 7AF (J8x32) 3C (4C set)

Roy Goldring RSCDS Book 40

- 1- 8 1s lead down the middle and back to top
9-16 1s+2s+3s Promenade ending with 1s casting to 2nd place
17-24 1s pass by the right and turn 1st corners RH to end L between 2s and M between 3s, 1s pass by the right and turn 2nd corners RH to end between corners
25-32 1M dances RH across with 2s and 1L with 3s, 1L dances up between 2s and casts to 2nd place own side as 1M dances between 3s and casts up

TOAST TO THE MOUSIES (R8X32) 3C (4C set)

Sara Gratiot RSCDS Book 53

- 1- 8 1s dance in and cast 1 place (2s step up), dance down between 3s and cast up to 2nd place
9-16 2s+1L also 1M+3s dance RH across and 1s pass RSh to dance LH across with other couple, 1s end back to back in the middle (1M facing up, 1L down) facing 2s/3s (2s facing down, 3s up nearer hands joined)
17-20 All set, 2s and 3s make arches, dance down/up to meet as 1s dance under arches. Finish 1M in 1st place, 1L in 3rd place (facing down/up) and 2s and 3s back to back in middle nearer hands joined (2s facing up, 3s down).
21-24 All set, 2s and 3s making arches dance to ends and cast into reel while 1s dance under arch passing LSh and finish between end couple facing 1st corner
25-32 2s+1L also 1M+3s dance LSh reels across (2s+3s make loops into the reel) to end 213. All set

MRS MILNE OF KINNEFF (S4x32) Sq.Set

Alan MacPherson RSCDS Leaflet

- 1- 8 1s and 3s join hands with partner and advance for 2 steps, turn opposite partner RH once round, retaining opposite partner hand dance RH across with 2s/4s
9-16 Dancing couples (1M+3L and 1L+3M) facing side couples dance parallel reels of 4 across the dance
17-18 Dancing couples (1M+3L and 1L+3M) set to side couples
19-22 Dancing couples (1M+3L and 1L+3M) dance out between side couples and cast to original places while side couples separate and dance into centre to meet partners then holding nearer hands dance out to original places
23-24 All turn partners 2H
25-32 All circle 8H ½ way round to left, ¾ turn partners RH into prom hold (Ladies on inside) and all Promenade 1 place clockwise

CARDWELL BAY (J8x32) 3C (4C set)

Evelyn Redmond After The Rain

- 1-8 1M+2L change places RH. 1L+2M change places RH. 1s+2s chase clockwise to original places.
9-16 1s set, cast 1 place, dance down between 3s, cast up to 2nd place to face 1st corners. 2s step up bars 11-12
17-24 1s dance ½ diagonal reel of 4 with 1st corners, pass LSh and dance ½ diagonal of 4 with 2nd corners. 1s finish 2nd place opposite sides.
25-32 3s+1s+2s advance and retire and circle 6H ½ way round to left to finish on own sides. 213

TEACHER'S CHOICE

THE DUCHESS TREE (S8x32) 3C (4C set)

John Drewry Brodie Book

- 1- 8 Reels of 3 on sides. Start: 1s dance in and cast, 2s cross up LH and 3s dance in, join nearer hands facing down and cast up. All take hands where possible. End: 2s in 2nd places opposite side, 1s and 3s end in middle, 1s nearer hands joined facing down and 3s nearer hands joined facing up
9-16 All set, circle left for 2 bars, Men turn Lady on right 2H once round and continue circle to places
17-24 1s+2s dance RH across and end facing up, 1s cast 1 place and lead up while 2s lead up crossing and cast 1 place
25-32 1s+2s dance Allemande

THE MACHINE WITHOUT HORSES (J8x32) 3C (4C set)

David Rutherford RSCDS Book 12

- 1-8 1s set, cast and dance RH across with 3s
9-16 1s set, cast up and dance LH across with 2s
17-24 1s followed by 2s dance down, cast up behind 3s, in and dance up to top and 1s cast back to 2nd place
25-32 2s+1s dance R&L

TRIP TO TIMBER RIDGE (R8X32) 3C (4C set)

Linda Henderson Heart of San Francisco and RSCDS Book 52

- 1-8 1s turn RH, cast (2s step up) then 1L+2s and 1M+3s dance RH across. 1s end facing 1st corners
9-16 1s dance Corner pass and turn with 1st corners, pass RSh and repeat with 2nd corners. 1s pull back RSh to end BtoB in centre facing opposite sides
17-24 2s+1s+3s dance Double Triangles. Bars 23-24 1s petronella turn to 2nd place own sides
25-32 2s+1s+3s circle 6H round and back

INTERVAL

THE YORKSHIRE ROSE (J8x32) 3C (4C set)

Trish Reid Chester Caledonian Society RSCDS Book 54

- 1- 8 1s+2s+3s set and cross RH, repeat back to places
9-16 1s lead down the middle then lead up to 2nd places (2s step up 11-12)
17-24 2s+1s turn (Men RH, Ladies LH), 1s+3s turn (Men LH, Ladies RH)
25-32 2s+1s+3s dance reflection reels of 3 on sides with 1s out/up, 2s in/down to start (2nd time through the 1s continue the reel into 4th place)

THE IRISH ROVER (R8x32) 3C (4C set)

James B. Cosh 22 SCDs

- 1- 8 1s dance down below 3s and cast up to 2nd place own sides, 1L dances RH across with 2s while 1M dances RH across with 3s
9-16 1s dance ½ diagonal reel of 4 with 1st corners, ½ reel with 2nd corners and ½ turn LH in centre to face 1st corners
17-24 1s dance reels of 3 across giving LSh to 1st corners ending in 2nd place own sides. (3)1(2)
25-32 1s dance diagonal R&L (1M crossing down and 1L crossing up to start) 213

THE WATER OF LEITH (S4x32) 4C Set

John Wilkinson Edinburgh 90th Anniversary and RSCDS Book 53

- 1-8 1s+3s set. 1L dances down, casts up round 2M into middle facing down as 1M dances across, casts round 2L into middle facing up while 3s dance same round 4s. 1s+3s change places RH with partner into line of 4 in middle (M face down, L face up)
9-16 1s+3s dance reel of 4 in middle
17-20 1s+2s also 3s+4s dance RH across
21-24 1M followed by 1L casts round 2L to 2nd place own sides as 3M followed by 3L casts round 4L to 4th place (2s+4s step up 23-24)
25-32 1s+4s (middle couples) dance Espagnole:
25-26 1s+4s cross (Ladies lead across RH passing between Men) with Ladies changing places RH
27-28 1s+4s cross back (Men lead across RH between Ladies) with Men changing places RH
29-32 4s turn RH as 1s turn LH

THE SCALLYWAG (J8x40) 3C (4C set)**Jennifer Kelly RSCDS Book 52**

- 1-8 1s dance in and cast (2s step up); 1s turn 1¼ LH to face 1st corners
 9-16 1s set to corners, turn corner RH to end 1L between 2s facing 2L and 1M between 3s facing 3M. ½ LSh reels of 3 across ending in lines of 3 across facing down/up
 17-24 All advance and retire; 1s dance RSh round each other to face 3rd corner positions
 25-32 Repeat 9-16 ending with 2s+3s facing in and 1s facing each other up/down
 33-40 1s set advancing joining RH, set with Lady turning under Man's arm. 1s face up RH joined, lead up, cross and cast. 213

WEST'S HORNPIPE (R4x32) 4C set**5 Traditional SCDs 1965**

- 1-8 1s cross down and dance reflection reels of 3 on opposite sides
 9-16 1s cross down to dance reflection reels of 3 on own sides
 17-24 1s lead down the middle and back to top (1s end facing 2s diagonally)
 25-32 1s set to 2s and dance down to 4th place (2s+3s+4s step up 27-28), 4s+1s circle 4H round to left

THANK YOU PATRICIA (S8x32) 3C (4C set)**Deb Lees RSCDS Book 54**

- 1-4 1s set and Petronella turn (2s step up bar 3-4)
 5-8 1s+2s set, on bar 6 1s set right and turn on left to face 2s (1L facing 2M and 1M facing 2L) to finish in line across, 1s turn 2s 2H to finish 1L facing 1st corner with 1M behind her
 9-12 1s dance ½ RSh Alternating Tandem diagonal reel with 1st corners to end 1M followed by 1L facing 3M (Lady's 2nd corner)
 13-16 1s dance ½ RSh Alternating Tandem diagonal reel with 2nd corners to end in the middle facing up nearer hands joined (Lady curving round to the right to finish on Man's right)
 17-20 1s lead up to top and cast to 2nd place own sides
 21-24 1s turn RH to face up while 2s+3s set and turn RH ½ way to face up ready for...
 25-32 3s+1s+2s dance Allemande. 213

IAN POWRIE'S FAREWELL TO AUCHTERARDER (J128) Sq.Set**Bill Hamilton**

- 1-8 All circle 8H round to the left and back (popular variation - 8H all the way round to left)
 9-24 Ladies dance in front of partner and behind next Man, into RH across, in front of Man opposite own partner and behind next Man, into RH across and back to place
 25-32 All Promenade clockwise
 33-40 1s and 3s dance clockwise behind next couple and Men dance past couple as Ladies dance in between couple and both turn R to face couple, all set and turn RH
 41-48 All dance parallel reels of 4
 49-56 1s and 3s dance a full Fig of 8 round the standing 2s/4s
 57-64 1s and 3s dance LH across, 1s and 3s dance back to places (Men round and Ladies through the standing 2s and 4s)
 65-96 2s and 4s repeat 33-64
 97-104 All Promenade anticlockwise
 105-120 Men dance in front of partner and behind next Lady, into LH across, dance in front of Lady opposite own partner and behind next L into LH across and back to place
 121-128 All circle 8H round to the right and back (popular variation - 8H all the way round to right) 1234

MAIRI'S WEDDING (R8x40) 3C (4C set)**James B. Cosh 22 SCDs**

- 1-8 1s turn RH and cast to 2nd place (2s step up); 1s turn LH to face 1st corner
 9-16 1s dance ½ diagonal reel of 4 with 1st corners, 1s dance ½ diagonal reel with 2nd corners
 17-24 1s dance ½ diagonal reel with 3rd corner (positions), ½ diagonal reel with 4th corner (positions)
 25-32 1s dance reel of 3 across (Lady with 2s, Man with 3s - LSh to 1st corner)
 33-40 2s+1s+3s circle 6H round and back. 213

EXTRAS**MAXWELL'S RANT (R8x32) 3C (4C set)****David Rutherford RSCDS Book 18**

- 1-8.1 1s cross down to dance reflection reels of 3 on opposite sides
 9-16 1s cross down to dance reflection reels of 3 on own sides
 17-24 1s cross RH, cast to 2nd place and dance ½ Fig of 8 round 2s
 25-32 1s dance down between the 3s, cast up to 2nd place and 2s+1s+3s turn partners RH. 213

MACDONALD OF THE ISLES (S3x32) 3C set**Derek Haynes Carnforth Collection 2**

- 1-8 2s dance full diagonal Reels of 4 with 1st corners, passing by the LSh to face 2nd corners
 9-16 2s dance full diagonal Reel of 4 with 2nd corners to end in original places
 17-24 All dance Snowball Grand Chain for 3 couples:
 1s cross RH and change places LH on side with 2s
 1s change places RH with 3s while 2s cross over RH
 1s cross LH while 2s and 3s change places LH. 3(2)1
 25-32 3s+2s dance ½ R&L, 3s dance ½ Fig of 8 round end couples (3M up and 3L down) to end in 2nd places. 231