

## RSCDS HELENSBURGH & DISTRICT BRANCH

**SATURDAY 9TH NOVEMBER 2024 7.30PM-10.30PM**  
**HELENSBURGH PARISH CHURCH HALL, COLQUHOUN STREET, HELENSBURGH, G84 8UP**

### THE SHETLAND SHEPHERDESS (J8x32) 3C (4C set)

**Ron Wallace RSCDS Graded 3**

- 1- 8 1s dance down between 2s, cast back to places. 1s dance 1/2 Fig. 8 round 2s  
9-16 1s+2s+3s dance mirror (reflection) reels of 3 on sides (1s cross to 2nd place own sides to begin, 2s out & up, 3s in & up). 2s finish facing out  
17-20 1s+2s change places on sides (Men RH, Ladies LH), 1s+3s turn on sides (Men LH, Ladies RH) 1s ending in middle facing up, 3s in original places  
21-24 1s dance up to top and cast to 2nd place  
25-32 2s+1s+3s Adv+Ret, all clap end bar 28. 2s+1s+3s turn partners RH once round

### SWISS LASSIE (R8x32) 3C (4C set)

**Rosi Betsche RSCDS Bk 39**

- 1- 8 1s dance in & cast to 3rd place, 2s+1s turn partners RH 1.1/4 times to form a line up & down middle of set (Men facing down Ladies up)  
9-16 2s+1s dance reel of 4 up & down middle of set ending with 2M facing Ladies side & 1L facing Men's side  
17-24 2s+1s chase round clockwise 1/2 way, 1s+3s+2s Adv+Ret  
25-32 3s+2s (bottom 2 couples) 1/2 turn partners RH, dance RH across 1/2 way, 1s+2s (top 2 couples) 1/2 turn partners RH & dance RH across 1/2 way

### CITY OF BELFAST (S3x32) 3C set

**Lucy Mullholland Belfast Diamond Jubilee Bk & RSCDS Bk 48**

- 1- 8 1s dance 1/2 Fig of 8 round 2s, 1L+2M turn RH 1.1/4 times while 1M+2L turn LH 1.1/4 times & 1s end BtoB facing opp sides  
9-16 1s+2s dance reel of 4 across in 2nd place. 2s end in 1st places **while** 1s pass LSh to face 1st corners  
17-24 1s set to 1st corner & 2nd corner ending (turning to right) between corners, all set & 1s cross RH  
25-32 1s+3s dance Espagnole:-  
`25-26 1s+3s cross (Ladies lead across RH passing between Men) with Ladies changing places RH  
`27-28 1s+3s cross back (Men lead across RH between Ladies) with Men changing places RH  
`29-32 3s turn RH as 1s turn LH to end 2 3 1

### PELORUS JACK (J8x32) 3C (4C set)

**Barry Skelton RSCDS Bk 41 & 30 Popular**

- 1- 8 1s cross RH & cast 1 place (2s step up 3-4), 1s dance RH across with 3s. 1s end with Man facing his 1st corner with his partner behind him  
9-16 1s dance Alternating Tandem 1/2 reel of 3 with 1st corners to face Man's 2nd corner, 1s dance Alternating Tandem 1/2 reel of 3 with 2nd corners  
17-24 1s dance Alternating Tandem 1/2 reels of 3 with Ladies' 1st corner (pstrn), 1s dance Alternating Tandem 1/2 reel with Ladies' 2nd corner (pstrn)  
25-32 1M followed by partner dance into LH across with 2s, 1s retain LH & 1/2 turn to own sides & 2s+1s+3s set

### THE PIPER AND THE PENGUIN (R88) Sq.Set

**Roy Goldring Scotia Suite**

- 1- 8 Ladies dance RSh round their corners, dance RH across ending in centre  
9-16 Ladies dance LSh round their partners, dance LH across & back to places  
17-24 Men dance RSh round their partners, dance RH across ending in centre  
25-32 Men dance LSh round corners, dance LH across & back to places  
33-40 1s & 3s turn partners RH 1.1/4 times, Men followed by partners dance out between side couples & back to places (1M thru 4s & 3M thru 2s)  
41-48 1s+3s dance R&L  
49-56 2s & 4s turn partners RH 1.1/4 times, Men followed by partners dance out between side couples & back to places (2M thru 1s & 4M thru 3s)  
57-64 2s+4s dance R&L  
65-72 Ladies dance in turning right about to dance out, cast clockwise to opposite Lady's place  
73-80 Men dance in turning left about to dance out, cast anticlockwise to opposite places  
81-88 All turn partners RH 1.1/4 times into prom hold, Promenade anticlockwise 1/2 way round to original places

### THE SWAN AND THE TAY (S3x32) 3C Set

**Audrey Saunders RSCDS Perth 800**

- 1- 8 1s dance Figs 8 own sides dancing in & down to start (giving hands where possible)  
9-16 1s cross down to dance reels of 3 on opp sides (joining hands where possible) & 1s end facing 1st corners, 2s end in 1st place  
17-20 1s dance Corners Pass+Turn with 1st corners (corners turn RH), pass RSh on bar 20 to face 2nd cnrs  
21-24 1s dance Corners Pass+Turn with 2nd corners (corners turn RH). Pass RSh on bar 24 to end 2nd place own sides  
25-32 All set, all cross RH, all chase clockwise 1/2 way round to own sides 3 1 2

### TOAST TO THE MOUSIES (R8x32) 3C (4C set)

**Sara Gratiot RSCDS Bk 53**

- 1- 8 1s dance in & cast 1 place (2s step up), dance down between 3s & cast up to 2nd place  
9-16 2s+1L **also** 1M+3s dance RH across & 1s pass RSh to dance LH across with other couple, 1s end back to back in the middle (1M facing up, 1L down) facing 2s/3s (2s facing down, 3s up NHJ)  
17-20 All set, 2s & 3s make arches, dance down/up to meet **as** 1s dance under arches. Finish 1M in 1st place, 1L in 3rd place (facing down/up) & 2s & 3s back to back in middle NHJ (2s facing up, 3s down).  
21-24 All set, 2s & 3s making arches dance to ends & cast into reel **while** 1s dance under arch passing LSh and finish between end couple facing 1st crnr  
25-32 2s+1L **also** 1M+3s dance LSh reels across (2s+3s make loops into the reel) to end 2 1 3. All set  
*Note: after 2nd time through 1s may repeat bars 1-4 to get to 4th place*

### EH3 7AF (J8x32) 3C (4C set)

**Roy Goldring RSCDS Bk 40**

- 1- 8 1s lead down the middle & back to top. 2s & 3s step in on bar 8 ready for ...  
9-16 1s+2s+3s Promenade ending with 1s casting to 2nd place  
17-24 1s pass by the right & turn 1st corners RH to end L between 2s & M between 3s, 1s pass by the right & turn 2nd corners RH to end between cmrns  
25-32 1M dances RH across with 2s & 1L with 3s, 1L dances up between 2s & casts to 2nd place own side **as** 1M dances between 3s & casts up

### INTERVAL

### BEST SET IN THE HALL (J8x32) 3C (4C Set)

**Helen Greenwood RSCDS Bk 46**

- 1- 8 1s set & 1L followed by partner casts below 3s. 1L crosses & casts up to face her 1st corner **while** 1M dances up the middle to face 1st corner  
9-12 1s set to 1st corners & dance RSh round each other into 3rd corner (pstrn) **while** 1st corners dance in & turn right about to face their original position  
13-16 1s+1st crnr person set & 1st crnr persons dance RSh round each other into diag opp cmrns while 1s dance in & pivot to right to face 2nd cmrns  
17-24 1s repeat bars 9-16 with 2nd corners & end passing RSh to 2nd place opposite sides. (3)(1)(2)  
25-32 3s+1s+2s chase clockwise 1/2 way & turn partners RH

**THE HOMECOMING DANCE (R4x32) 4C set**

Anne Thorn RSCDS 5 Dances 2009

- 1- 8 1s set & cast to meet below 4s & dance up between 4s+3s  
 9-16 1M dances LH across with 2M+3M as 1L dances RH across with 2L+3L, 1s dance up between 2s & cast to meet in middle & dance down b'tw'n 3s  
 17-24 1M dances RH across with 3M+4M as 1L dances LH across with 3L+4L & 1s end 2nd place, 1s set & cast to 4th place  
 25-32 All circle 8H round & back. 2 3 4 1

**THE SPIRIT OF THE DANCE (S8x32) 3C (4C set)**

Irene Paterson TAC 50th Anniv

- 1- 8 1s+2s dance a Tourbillon:-  
 `1- 4 1s & 2s 1/2 turn ptrns 2H, 1M & 2L lead ptrns by nearer hand 1 place cl'wise to end 1s on Ladies side & 2s Men's side, 1s set to 2s  
 `5- 8 1s & 2s 1/2 turn ptrns 2H & lead ptrns on 1 place clockwise & 2s+1s cross RH to own sides  
 9-16 1s cast to right on own sides & pass RSh in middle of set, cast to right again & pass RSh to end in 2nd place on opposite side.  
 17-28 2s+1s+3s dance 3 couple R&L  
 29-32 1s turn 1.1/2 times to 2nd place own sides. 2 1 3

**TORRIDON LASSIES (J8x40) 3C (4C set)**

John Brenchley Kangaroo Paw &amp; RSCDS 30 Popular

- 1- 8 1s cross & cast 1 place, 1s dance LH across (1L with 2s, 1M with 3s) & end facing 4th corner  
 9-16 1s set to corners then to partner up/down the dance & end facing 1st corners, turn corners RH & pass partner LSh to face 2nd corners  
 17-24 1s dance 1/2 diagonal reel of 4 with 2nd corners & pass LSh to face 3rd corners, 1s set to corners then set to partner across the dance & end facing 4th corners  
 25-32 1s turn 4th corner (pstrn) RH & pass partner LSh to face 1st corners, 1s dance 1/2 diag reel of 4 with 1st corners & pass RSh to BtoB (1M facing up)  
 33-40 1s dance RSh round 2nd corners & 1/2 Fig 8 (1L up, 1M down) **while** 2s+3s set & cross RH, set (facing up/down) & change pl RH on sides. 2 1 3

**THE COUNTESS OF DUNMORE'S REEL (R8x32) 3C (4C set)**

Deidre MacCuish RSCDS Bk 49

- 1- 8 1s set, dance down below 3s, cast up to 2nd place & set advancing to face 1st corners (2s step up 3-4)  
 9-16 1s turn 1st corners RH, pass RSh, turn 2nd corners RH, pass RSh to 2nd place own side facing out (corners dance 4 bars)  
 17-24 Promenade (Chaperoned) Chain progression: -  
 17-18 1M casts up, 1L casts down **as** 2s+3s turn 3/4 RH into line up/down set  
 19-22 1M+2L & 1L+3M, in prom hold dance clockwise to opp end of line **as** 2M+3L (in middle) turn 1.1/2 LH  
 23-24 1s dance clockwise to 2nd place own side **as** 3s+2s turn partners 3/4 RH to own sides. All face clockwise 3 1 2  
 25-32 3s+1s+2s dance clockwise 1/2 round set. All set, cross RH to own sides. 2 1 3

**THE BYRON STRATHSPEY (S3x32) 3C set**

John Drewry Deeside Bk 2

- 1- 8 All petronella turn into the centre & set to partner, turn 2H 1.1/4 times back to places  
 9-16 1s+2L & 3s+2M dance RH across, 2s pass RSh & dance LH across with other couple  
 17-24 2s in prom hold dance reel of 3 with 1s passing 1L RSh. End with 2s in centre at top, 1s casting to follow 2s & 3s stepping in ready for ...  
 25-32 2s+1s+3s dance Allemande. 3 1 2

**THE IRISH ROVER (R8x32) 3C (4C set)**

James Cosh 22 SCDs &amp; RSCDS 30 Popular

- 1- 8 1s dance down below 3s & cast up to 2nd place own sides, 1L dances RH across with 2s **while** 1M dances RH across with 3s  
 9-16 1s dance 1/2 diagonal reel of 4 with 1st corners, 1/2 reel with 2nd corners & 1/2 turn LH in centre to face 1st corners  
 17-24 1s dance reels of 3 across giving LSh to 1st corners ending in 2nd place own sides  
 25-32 1s dance Diag R&L (1M crossing down & 1L crossing up to start)

**THE LAIRD OF MILTON'S DAUGHTER (J8x32) 3C (4C set)**

Craigmyle RSCDS Bk 22

- 1- 8 1s set, cross RH, cast 1 place & turn LH to face 1st corners  
 9-24 1s dance Corner Chain with 1st & 2nd corners: -  
 `1s change pl RH with 1st crnrs, 1st crnrs turn LH in centre & return to places giving RH to 1s who turn LH in centre to face 2nd crnrs  
 `1s change places RH with 2nd crnrs, 2nd crnrs turn LH in centre & return to places giving RH to 1s & 1s end with a 1/2 turn LH to 2nd place own sides  
 25-32 2s+1s+3s circle 6H round & back