

Return to Dancing

Looking ahead to October and the chance to meet up again to join classes and attend our first function, the Autumn Dance, the Committee have been involved in discussing how we can all keep safe following all the guidelines that have been sent out. To be able to dance socially we all have to be aware of some of the things we will need to do, both the branch with me as the named Covid Officer and as individuals.

- Autumn Dance 15th October in Helensburgh Parish Church
- To attend the Autumn Dance you must contact Anne Thorn to book a place and leave a contact number for Track and Trace. (email. am_thorn@hotmail.co.uk or phone, 07490274871 No one will be admitted without registering beforehand.
- Do not attend if you have any Covid- 19 symptoms. (High temperature, new persistent cough, change in sense of smell or taste, living with someone who has the illness)
- 2 vaccinations are preferable
- Wear a face mask except when dancing.
- Sanitise hands on entry and bring your own to sanitise between dances. Gloves other than latex may be worn if desired.
- Use only one chair for the evening.
- Bring your own refreshment and drink including water.

By following a few guidelines we hope that we will be able to start dancing again safely and be able continue to do so.

The General Class starts Monday 4th October 7.30pm – 9.30pm

Thursday Class starts Thursday 7th October 7.30pm -9.30pm

Tell all your friends! Start dancing and keep dancing!

Irene Smith